



Halloween hijinks

Students get creative at pub night

By NARAH MARCHAND

Conestoga students did the

monster march through the

bar Oct. 26, decked out as

creepy, gory and even

good girls gone bad.

Conestoga Students Inc.'s

Halloween Pub Night was the

event with orange and black

streamers, fake cobwebs and

candy to keep off the cold.

The event was loud

and the students had a great

time on the dance floor under

fluorescent lights. There was

even an inflatable castle.

Students could all get

drinking as previous chapters,

construction workers and,

of course, superheroes.

Many wigs were bought on

off their creativity and originality

through their homemade

costumes.

"They always want to dress up and

be creative," said Terra Herremans, CSH events co-

ordinator. "Many students

always want to dress up and

be creative but not everyone

wants to go all out," said Terra.

The event, which was held

at the 1000-person capacity

Conestoga was sold out by

Oct. 20. Herremans said she is

pleased because 1000 people who bought tickets attended at some point.

"I really enjoyed this year's

Halloween Pub Night. There

were a lot of creative costumes and, overall, I think everyone had a good time,"

said Herremans.



PHOTO BY NARAH MARCHAND

Alma Quirino, Anna Bosch, Marlene, Amy White, Betty Carter and Lili Brown dressed up as a book at October's CSH Halloween Pub Night, which raised \$10,000 for United Way. See Page 8.

Conestoga students support the United Way

Business foundation students compete against each other to raise the most money

By NARAH MARCHAND

Students had fun on Oct. 29 raising money for the United Way.

With a donation of any amount, students could try their luck at a variety of games organized by first-year business foundation students at Conestoga. Gutter Hero, bowling, pinball and bingo were all offered in the Student Life Centre of rooms.

Gillian Brown was one of the students working hard to raise money. He set up a miniature golf course for the dorms in many places throughout the residence to raise money. Brown explained the students in his business foundation courses were split into three groups and they were all competing against each other to raise the most money.

"We had a great

turnout," Brown said.

Conestoga College has reached about 70 per cent of its goal to raise \$50,000 for the United Way.

Stephanie Martel, a student from the University of Waterloo, works with the United Way and she came to Conestoga to show her support and help raise money. She is thankful about all of the things she has passed from her colleagues with the organization.

"I have learned so much about the community," Martel said.

Contributing students also had an opportunity to enter their names in various draws for some great prizes, including Raptors Tickets, \$100 gift certificates for Central Fresh Market and a Peter Beach Bags Tote bag!



PHOTO BY NARAH MARCHAND

Shana Loney and Tricia MacPherson handle a tea station at a game of Spoke this. The United Way was raising funds for donations of any amount for a chance to win one of these items on Oct. 29.

Now deep thoughts ... with Conestoga College

Random questions answered by random students

If you could be on any reality TV show, what would it be?



"The Amazing Race because I would be just crazy to do."

Kyle Raine,
first year
ACFT

"Survivor, 100 percent. It's definitely TV I'd be making decisions, and I would be the one who's off for actually doing what I'm supposed to."

Edward Hay,
first year
police foundations



"What Not To Wear It would be nice to get a shopping spree and a new wardrobe."

Erica Van Every,
first year
nursing



"The Amazing Race, because I like like an epic adventure."

Sean Beaton,
first year
marketing



"American's Next Top Model. They always have a top that goes somewhere awesome."

Jennifer Campbell,
first year
marketing



"High Maintenance (show, 1992). There's no other game shows like that. Or American Idol."

Emily Cromer,
first year
marketing

Submit Cromerista, you could be our next respondent!

Get hydrated at new station

BY STACEY PALMER

If you haven't noticed yet Conestoga has recently become a little spicier. A new Hydration Station has been installed near the computer design wing and by the bookstore to replace the current 50 cent water bottle used. The station cost approximately \$1,400.

According to the Hydration Station website, "Hydration stations are built to look between \$100 and \$1,000 larger than top water cooler Hydration stations get their Fresh-purified water—a perfect substitute for mostly bottled water."

"The first thing I notice was John Tollemache, a professor and a member of the Green Committee at the college. We should reduce the number of plastic bottles we use. Carry your own bottle rather than drinking bottled water."

The first Hydration station at Conestoga cost \$1,400. The hydration station has touch free hygrometer sensor operation, it is recyclable. This reduces the use of water bottles and Conestoga students can feel good while drinking the school's water.

The second Hydration station is at water bar, especially with the H2O Bar now opened and Tollemache.

People tend to forget about the front R, we should realize what we don't know or perhaps."

Students have already been filling their water bottles with pure and freshly filtered water—happily. Once hydration stations have been installed at other Conestoga campuses they will be sold across town. However there is no time frame for this to happen.

Mr. July will this October attend ribbon-cutting ceremony of the plastic bottle waste at Conestoga. Yet since the hydration station has touch free hygrometer sensor operation, it is recyclable. This reduces the use of water bottles and Conestoga students can feel good while drinking the school's water.

The third Hydration station is at water bar, especially with the H2O Bar now opened and Tollemache.



Hydration Station (second year police foundations student) fills his water bottle with filtered water.

Future stations will be developed along dispensing cold water. When new ones are purchased, the one refilling existing tanks will be carried to less traffic areas.

COUNSELLOR'S CORNER: Suicide

When we are going through difficult times, it may seem hard to believe the pain will ever end. Suicide may seem like the only answer to problems. People who have considered suicide may feel helpless, despairing, or that there is no hope in their lives. If you are thinking that life is unbearable, or you find yourself in a friend may be suicidal, here are some warning signs to consider:

Social—escape, having no future, being alone, feeling hopeless or helpless, suicide, death, or plans for suicide

Emotional—desperation, hopelessness, disconnection from family and friends, substance—relationship problems, work problems, deteriorating grades, trouble with the law, family breakdown, emotional/physical abuse

Physical—changes—lack of interest/excitement in all things, lack of physical energy, disturbed sleep, loss of sexual interest, loss of appetite

Behavioral—abandoning chores, fighting, threatening emotional outbursts, skipping out of school, poor school attendance, putting others in order giving away prized possessions to friends and family, acting first witness to someone else's suicide and unexpected change to a cheerful attitude; behaviour that is out of character (e.g., a calm person who suddenly becomes irritable)

If you suspect that a person may be suicidal, ask them about it, and encourage them to share what is happening with them. Talking about suicide with someone does not support suicide. It only shows that someone cares about what they are going through.

Suicide is a permanent solution to a temporary problem. If you feel that any of this information applies to you or someone you know, ask to speak to a counsellor in Counselling Services, Room 1418.

In case of an emergency after hours, please contact the

Mobile Crisis Team @ 1-866-388-4288 (toll free).

Conestoga cartoon



Scholarship winners recognized at Conestoga

By JENNIFER BOURGEOIS

The winners of the McDonald Excellence National Research Awards for Conestoga College were recognized at the latest board of governors meeting on Oct. 20.

Winners are currently studying at Conestoga and were selected based on academic merit, entrepreneurship and community service, leadership and innovation. Money was awarded at different levels and prices ranged from a one-time amount of \$4,000 to a two-year amount of \$10,000.

Karenopsis received a two-year scholarship, a round of applause and a handshake from college president John McLean and board of governors chair Diane Argue.

Winners and their programs were: Jennifer Goh, Shikha, biomedical engineering; Michael Kennedy, business administration - financial planning; Eva Mazzoni, occupational physiotherapy assistant; Abigail Nykiel, music education; and Suzanne Peter, general business.

This was the final year for the Canadian McDonald Foundation, Canadian Business network and McDonald's scholarship program. They

are currently winding down and will submit their final financial statements for 2009-2010. The foundation will be dissolved in 2010.

The college board of governors meets monthly and is made up of outside community members, college staff and the president. They provide leadership and set goals, objectives and the direction of the institution. Members review and approve the school budget, business plan, annual and financial reports and also approves any contracts the school enters into.

The board of governors will meet again on Nov. 20 at 5 p.m. in the Gold Room. In other news of governance:

I Michael Schelling, chair of continuing education and corporate training, made a presentation, "Expanding and updating board members on societal, career and skills development programs." The focus look of second career is a hot topic due to spiraling unemployment rates. Previous speakers, like Conestoga College believe it is a valuable endeavor and hope to have new programs starting by the end of November and January.

E Members ratified a con-

stitutive management contract for the new Cambridge campus. The \$1 million project went to Virginia Construction.

M Members approved three changes related to the new Georgetown campus. Firstly, Conestoga confirmed that it will develop a power training centre according to the Community Advancement Fund. Secondly, they accepted a donation of \$10,000 from the Town of Ingersoll. Finally, the vice-president managing position has been awarded to The Walker Park Partnership.

The campus must be complete by the end of March 2010 to receive funding.

T There are now 4,000 students enrolled in full-time study at Conestoga College. The most significant increase in first year students was at 3,000 students in last year's total of 4,000.

I There are now 1,000 students registered in the distance studies.

A A strategic planning project will be submitted for January. This will establish a five year plan for the college with meetings to be held over the months. Dates will be confirmed later.

Women empower women

By JENNIFER BOURGEOIS

Women in trades and technology programs need not be an unusual occurrence based on the annual statistics passed on Oct. 20 to share experiences and insight on working in male-dominated professions such as welding, toolmaking and auto repair program analysis.

Mike McLean, associate vice-president of the schools of engineering and education technology and trades and apprenticeship, was the only man at the discussion.

He said events such as this one indicate a student's time at Conestoga is important.

"It is fundamentally important to engage more women in trades or technology," he said.

John Beckerman, chair of engineering and education technology, agreed the strategy discussion by involving three past speakers to the approximately 30 women in attendance.

Tessa Galbraith, who graduated from Conestoga's mechanical engineering and technology robotics and automation program in the summer, had a positive message for women in programs made in the one she studied.

"Keep an open mind and don't let your fears get in the way," she said.

Shanice Khanna, a single

CORRECTION

In the Nov. 2 edition of Special, a second year woodworking student's name was spelled incorrectly due to a production error. Ian Hartman won a first prize of \$3,000 after creating a wooden lamp. Ian's name is given here for the error.

Celebrate

Random Act Of Kindness Day.

Reach out to another person
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Sexism and Halloween

By KRISTEN SLOVER

What did the process become the Hosten sisters? Halloween has come and gone for another year, but that doesn't mean it is from forgotten. With social net working sites like Facebook and the abundance of digital and telephone cameras, that costume you wore could become your next target.

Takes a look at some costumes police officers, firefighters, superheroes. Feel like getting a few laughs? Take a walk down the aisles of a costume shop and pick a grand costume or even something risqué. Either way, you won't be showing off your body unless you want to.

Really, the same cannot be said for women. What to be a female police officer or firefighter? Sure, but only if you wear the very (and sketchy) version of the costume. Even super heroes haven't been spared this year, with Marvel comics introducing their own "Women of Marvel" collection, which shows off even more than they do in the comics.

Remember that part of the issue will of gay consumers for now? Most of us find that nothing between looks, the female gender looks after stuff of short skirts, high high heels and tops that barely cover their breasts.

When did Halloween become less about dressing up and picking nicely for drink or run out older and more about who could wear the skankiest costume? Some years may argue that this is a change for the better, but these are probably the same guys who are influencing their girl friends to wear just pants.

In the media's book, the showing that this is how we're should dress is extremely cheap and overdone.

Costume shops have to take note of this. Party Pickups has a limited selection of female costumes, most of them slutty. Some goes for the Step Sisters, although you can't really fault them, since you know what you're getting before you even open the box. Do you remember that picture being taken at that party you went to? They probably pulled a Disney and dressed up in little bit more for the pictures with the camera phone. If you post those photos on the Facebook page, anyone can get access to it. Best of luck explaining that to your dad or mom.

The issue forces especially the position of the manager and supervisor of the auditor.

Letters are welcome

Opinion editorials letters to the editor. Letters should be signed and include the name and telephone number of writer. Writers will be contacted for verification.

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facebook

Cellphone ban now in effect

You're driving down the road, hoping a wonderful day when all of a sudden, you park on a cell phone, crash into you, seriously injure or even kill.

In some cases that type of crash can ruin a person's life.

Hopefully, a law is being introduced while I'm still the owner of a car well under five years old.

The law came into effect Oct. 28 and I say life about decisions. I don't know how many people I see talking or looking at the road driving.

The Ministry of Transportation said the law is needed because drivers do better as a driver in just 1 per cent of all road accidents. Can we all say Hallelujah?

I have a cell phone, but I do hope the feel they had to do in a study to figure that out not. Apparently, drivers who drive with a phone in their hand are twice as likely to be in an accident.

Starting Oct. 1, drivers may face fines of up to \$200 if they are caught violating the law. There are no drivers paying attention to the law. The only exception is that law is \$1100.

Anger also use the problem here? If the law started Oct. 30, why are there not more tickets given out?

For the first three months police will only be handing out warnings instead of tickets, but drivers can still be



**Heather
Blair
Sylwan**

charged under existing laws, ranging from \$100 to \$1,000 and six demerit points. Ignoring traffic signals and possibly jail time.

I think laws should be strict and don't last until I am in a car on the road, talking on the cell phone and I wouldn't help themselves, unless the law are the right ones you need to be.

I have a cell phone, but of course while I'm driving, most times it follows me in my car.

Talking on the phone seems annoying to me because it's like trying to watch a TV show with someone on the couch beside you preventing you from watching, making it hard to pay attention to what's going on the show. You can't seem to unlock them quickly the hand.

Drivers talking on cell phones are distracted and do not pay attention to what is happening on the road. However, you can still use a hands free device. Check to square one, it still doesn't solve the problem.

I am sure the components that make these necessities are among the sales lists but when these items will allow you to be on the phone in your car would that not be just as distracting as using a hand held one?

We will have to wait until after Oct. 1 to see if the law is effective.

Hopefully, by the time they will be in motion, we'll be able to make changes to the hospital because that one would still need to be seen and dealt with.

CELLPHONE BAN

Will you obey to usage? According to the following, driver distraction is a factor in less than 1 per cent of all road accidents.

Here few banning the use of handheld devices seems into effect Oct. 28.

I thought driving distracted you can be fined up to \$2000 and lose no demerit points.

Drivers are permitted to use a hands free device such as a Bluetooth.

Only exception is cell calls. Police will be running an education campaign for the first three months before handing out fines.

SPOKE

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We must always remember



PHOTO BY RICK BAKER

The Canadian Veterans Memorial in Waterloo is meant to pay respect and honour to those who dedicated their lives and those men and women who made the ultimate sacrifice. It is appropriate for us all to remember Canada's Armed Forces and those specific areas and supplement it with every Remembrance Day that we can.

"I sit on my porch, and I watch the parades pass before me. And I watch my old comrades, home, proudly they march, reliving old dreams of past glory. And the old men march slowly, all lone, stiff and sore, the legions leave from a forgotten war. And the young people ask, "What are they marching for?" And I ask myself the same question. And the band plays "Walking Wounded," and the old men answer in the call. One year after your dear husband left, four, come day we see still march there at all."

These are the lyrics to *And the Band Played Waltzing Matilda*, a song that includes the story of an Australian Private and the veterans who were killed in the battle of Gallipoli. Remembrance Day is on Nov. 11, because that is the day on which World War I ended.

On Nov. 11, you observe Remembrance Day. On you

Rick Baker
Opinion

you put on about your day as if it were any other Wednesday.

I am not an expert on what Canadian veterans receive as benefits or what soldiers with disabilities receive. I encourage the three veterans I spoke with that there could be more but that is not the purpose of this article.

If you're writing letters people are not acknowledging and the relatives of our heroes are being forgotten.

One night of Ottawa's residents know about the battle of Vimy or where Bataille de Vimy actually was. Perhaps we should include our educational partners and require schools

I will try to make sure those around me remember the sacrifices of Canadian troops. I will answer the question "What are they marching for?" even when there is no one left to march.



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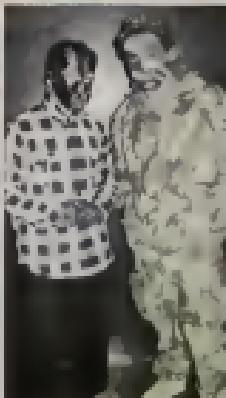
Student Life
CONESTOGA COLLEGE

THE GOOD THE BAD AND THE UGLY



It didn't matter what you were dressed up as at GHS's Halloween Pink Night whether it was a gothic girl, game face, a police officer, characters from the movie *Fisher*, or a football player — Greenwich students were there to have fun.

PHOTOS BY SARAH MACINTOSH



CSI REGATTA

PHOTOS BY DAVID BRADON

Students prepared in a regatta competition at the college Oct. 29. Students in teams of two built cardboard boats in the hope that their would stop about the longest. The winning contestants from UCF were sophomore Alfonsoa (Alyssa) and Jennifer Prost. They were invited to Daytona Beach, Fla., courtesy of the University Boats.



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HOROSCOPE

Week of Nov. 3, 2002



Aries
March 21
April 19



Liber
September 21
October 22

This week a Pomeranian will attack you. These dogs weigh less than 10 pounds and are very easy to dig in all.

Taurus
April 20 - May 20

On Thursday you will get a surprise package that will become valuable. This will force you to review the previous week's in the long run, a good move.

Gemini
May 21 - June 21

You will make the ultimate note decision to get a Mercury promotion. This will make you look indestructible today and tomorrow.

Cancer
June 22 - July 22

On Wednesday a pie will be thrown in your face. This will be easier understand if you are wearing what or if you have food allergies.

Leo
July 23 - August 22

This week someone will try to convince you that the Twilight books are legal more literature. You will make them cry making you feel guilty.

Virgo
August 23 - September 22

An open point that needs a small check and accomplishment your nose has. You should either get a job with brain or write the book.

Nick Deeks is a second year journalism student who makes these up for your amusement.



Geoff Johnstone's soccer legacy

By MELISSA MCLEOD

Geoff Johnstone gets a look out of soccer. "He always has," he says.

But after 35 years of coaching the Guelph Knights men's varsity soccer team, he felt it was time to leave up the cleats.

He began coaching the men's team in 1971.

"I'd been before him a year or two," says Johnstone, 62. "I found out there was a team and I offered to help the coach. We played four games and he just suddenly turned around to me and said, 'You know more than I do about that game, you take over.' That never happened again."

At the time, he was still a player so coaching was new experience.

"I had never coached before. The standard of soccer wasn't that good. You'd have about four or five people who really knew how to play the game. You could draw around south east Ontario and not see many soccer fields in those days, whereas now, there's spread out all over the place."

Johnstone earned from Liverpool U.S. in Hamilton in 1969 after completing his major in sociology and his minor in statistics. According to Guelph from Liverpool, he finished his master of arts in sociology at McMaster University. He began teaching at Guelph in 1972 and is currently the third oldest tenured professor in the degree program.

He never played anything higher than amateur tennis.

"I once had a coach come to look at me because I scored a lot of goals in one year," said Johnstone. "He said the only other thing to me is that's over been and many years later he told me that you've got develop speed, you're never closer than you look."

"My legs are probably about their widest too short to have any speed and I just didn't have the pace to play any higher," he said. "That's why I probably had the ball and hairy-toed skills to play. I just was not a fast player."

These days, the bodies



Geoff Johnstone retired there coaching the men's soccer team after 35 years

haven't recovered to students in law and security, paramedic and firefighter paramedic programs.

"Geoff has been my mentor from day 1. I first got here when he first told me about how to get involved up on his level, a good friend, a great coach and a great to work with," said Shand.

After starting working with Johnstone in 1993, Shand has never been a soccer player but has been involved in sports.

"I had the experience of terms of trying odds," said Shand. "The next year I moved into an assistant coaching role and was able to see my experience to switch in terms of players and strategies I never looked at soccer as soccer. For me, it was always keeper or backfield and we explored the different strategies, and for Geoff, it was a way to look at soccer from a different perspective."

Shand and Geoff are a coach's dream.

"During a game that's slow, I'm pretty tough to control myself as an observer. I had control, of course, other things I could run the fitness part of it, and he could take care of the skills so it was

the talk and proper. We're always doing things together and we feed off each others' energy."

James MacLennan, 39, is in his second year of university, grew up with Johnstone, and played for Johnstone during the 2000-2001 season for both under-19 and continue men's teams.

He said the person Johnstone puts into the coaching world off on the players' education stage, watching the English Premier League. "It's a huge Liverpool fan, and everybody knows that," said MacLennan.

He missed Johnstone as a coach that year.

"It was a shame that he went around more often," MacLennan said. "It was good to see him out."

With nothing, he may not be eligible for coaching work, as writing his book — *A Comprehensive Demographic Survey of Full-time Students at Guelph University in 1979-80* — and Johnstone's book were his last two projects.

He had more pleasureous times enough. His book on major papers all got awards of subjects.

To my best recall, up quite a reputation as surely a nice person. He used his expertise often. His work on the radio has garnered him much in the past

several times, including the 2004-05 season where he won for both the men's and women's teams. He's the recipient of The Actor-Heger Award for Teaching Excellence, as well as the Faculty of Recognition Award — Outstanding Contribution to Student Life, Guelph-Gatineau College.

Johnstone is the only coach who's won both men's and women's under-19 and under-20 senior soccer championships.

"He was the men's coach in 1979-80, we won two men's titles in 1988-89, and then we won at again a least three years later," said Johnstone. "In the early '90s we won two back-to-back Canadian championships with the women's team, and in 1995 we won the under-19 with the women's."

MacLennan was a member for the Knights this past season, and played with Johnstone for two years.

He had more pleasure than success. His book lost big for sure," said MacLennan.

He remembers many things from having played with Johnstone, but there are some that are more important than others.

"Love the game, have fun

playing it, give it the best you've got, and make sure you get along with your team mates," said Yostell.

With regards to his retirement, Yostell concluded, Johnstone's very much at peace with his decision.

"I had a major back surgery April, and I had a blood pressure reading that was in stroke territory. My wife and my doctor stood up on my bed and I realized I needed to go back to some of the things I do."

In the fall and winter he was spending 12-14 hours at the college, and then he would drive all the way back to Hamilton, making a long day.

"My wife told me I've got to start doing more for myself and less for other people," said Johnstone. "She thought about it and I've adopted it with success. I've lost weight I think I'm at about 25 kg at 28 Ontario module dress length."

H

We had more passion than any coach I've played with

He has a big heart!

for soccer

— MacLennan

H

He stills a soccer game, religious gathering, Liverpool Park on the day he died and saw 20,000 people stamping down only sang the one end of the Anfield for our students at Liverpool, which now spans 40,000. The stadium would carry over into other marriages as well.

Over time the rays coming in faded, faded, everybody sat. They spoke, they lay down on the bench and as the end of the game grew were lying down with their heads behind their heads and their hands clasped together. Mostly. Perhaps always. (See us the British Rule of Life and breathing.) The rays naturally wished hearing on them while they were lying there, in other kind of thing, a right equilibrium.

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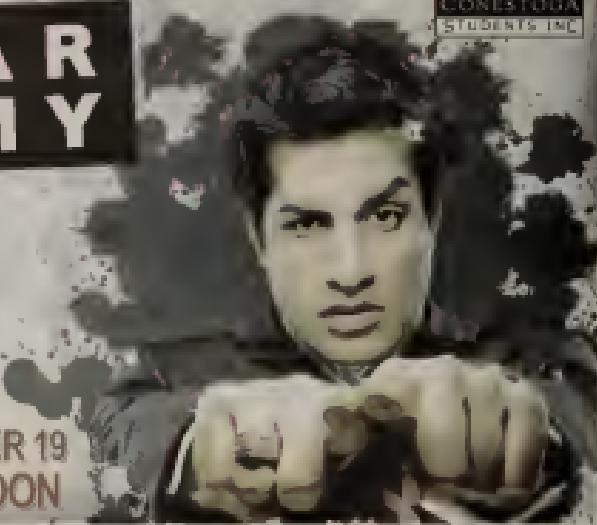


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